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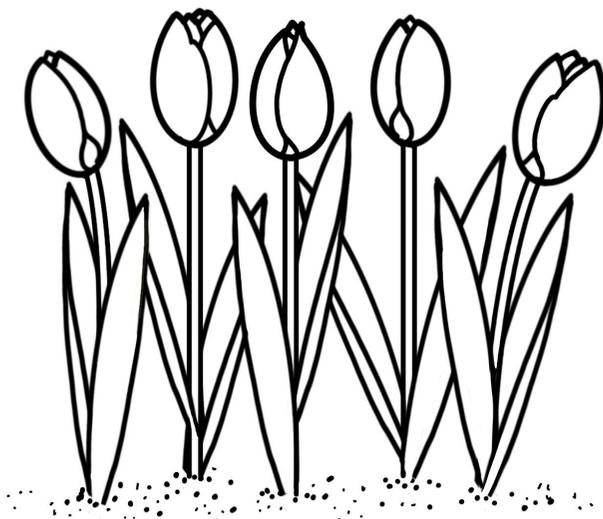
PARISH WEBSITE: www.newburnparish.org



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Letter from Rev Allison:

Is there something where you often say 'I must get round to ...'? There are quite a few things that fit into this category for Jamie and me – until recently, one of them was to go to Sycamore Gap.



We had tried once but had turned back because of a hailstorm. Thankfully, we managed to get there just a few weeks before the tree was cut down. We were saddened by the cutting down of the tree, as I know that many others were. There was some hope in hearing that the seeds and twigs taken from

the tree were being used to grow a new one – that new life would be coming from the old and what was initially thought to be dead. However, I can't imagine that any new tree will be in place within my lifetime or the lifetime of most people reading this article.



In the case of Jesus, the creation of new life from the old was very much quicker. Of course, these are the events that we build up to during Lent and Holy Week, and then remember over the Easter weekend. For new life to come, there firstly had to be an agonising death for Jesus on the first Good Friday. The name Good Friday could seem completely wrong when we think about the pain that Jesus went through – not only physical pain, but the pain of

betrayal, abandonment by his followers and (for a time) separation from his Father. It is only when we think about the whole story that we see that this was, indeed, Good Friday.

We aren't told much about the first Easter Saturday in the Bible except that it was the Sabbath and so nothing was done. But we can try to imagine what the disciples might have been feeling. Probably despair, that the one they believed had come to save them had suffered such pain and humiliation, in what seemed like a total defeat.

Together with intense guilt, as they had all, at the very least, run away and left Jesus to die. Did they understand (or even remember) all the promises that Jesus had made about rising from the dead?

These promises certainly didn't seem to be in the mind of Jesus' followers on Easter Day. When they met with Jesus that day, and for many days afterwards, they frequently failed to understand what was going on or even to recognise Him. Maybe we shouldn't judge them too harshly for this. Jesus rising again was the most extraordinary event in human history. It was also the event that assures his followers that they too can have eternal life – that our hope isn't just for this life but eternal life with Jesus.

I love all the signs of new life that come with spring: the lighter nights, the snowdrops, daffodils, the birds returning to our bird feeder. But all of those are so small besides the message of new life that we remember at Easter: Jesus Christ is alive for ever and we can enjoy eternal life with him.

The angel said to the women, "Do not be afraid, for I know that you are looking for Jesus, who was crucified. He is not here; he has risen, just as he said." Matthew 28:5-6a

Rev Allison

APRIL EXTRA SERVICE INFORMATION:

**SUNDAY 7TH APRIL: JOINT SERVICE 10AM
AT ST MICHAEL'S (COMMISSIONING FOR
STREET PASTORS)**

**SUNDAY 21ST APRIL: JOINT SERVICE 10AM
AT ST MARY'S (FOLLOWED BY THE 2024
APCM)**

Sunday Service Information

**9.30am St Michael's
11am St Mary's
6pm (4th Sunday) St Mary's**

**Thursday 10am The Parish Hall
Morning Prayer Service**

*The following information can be
applied every month:*

1st Sunday: Communion
2nd Sunday: All Age Family Communion
3rd Sunday: Communion
4th Sunday: Morning Praise (am) & Contemporary
Worship (pm)
5th Sunday: JOINT SERVICE 10am

E	G	E	N	L	E	G	E	N	D	S	N	N
R	G	C	A	E	P	L	R	R	Y	E	H	E
E	O	O	I	A	I	E	P	O	M	E	E	D
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N	O	G	A	R	D	H	R	O	M	A	N	E
S	R	O	E	L	R	L	I	L	E	D	P	O

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Saint
England
Officer
Roman
Army

Diocletian
Terror
Martyred
Palestine
Courage
Example
Helper
Evil

Soldier
Hero
Golden
Legend
Dragon
Princess
Converted

The Treasure of Easter!

It's amazing what treasure can be unearthed with metal detectors! In this season of Easter, let's rediscover the greatest unburied treasure of the Resurrection.

The Apostle Peter reminds us that God *'has given us new birth into a living hope through the resurrection of Jesus Christ from the dead, and into an inheritance that can never perish, spoil or fade.'* (1 Peter 1: 3,4). What does he say about this treasure?

On the one hand, it is the *reason for hope*. Peter was writing to Christians in Asia Minor (modern day Turkey) who faced persecution under the Emperor Nero. In an uncertain world we know that Jesus suffered, but by His resurrection has secured eternal life for us. This inheritance not only guarantees life now, but also for eternity, as it *'is kept in heaven for you'* (4). Do we share this confidence? D.L. Moody, the 19th Century American evangelist, spoke of the time when people would read his obituary: *'Don't believe a word of it! At that moment I shall be more alive than I am now'*.

On the other hand, this treasure is a *source of joy*. This unburied treasure fills us *'with an inexpressible and glorious joy, for you are receiving the end result of your faith, the salvation of your souls.'* (8,9). We face all kinds of trials in our lives, but God uses them to refine our faith and character, *'These have come so that the proven genuineness of your faith – of greater worth than gold, which perishes even though refined by fire – may result in praise, glory and honour when Jesus Christ is revealed.'* (7).

We reflect this treasure by developing the Jesus' character and becoming more holy, obedient and loving.

'Christmas is the promise, and Easter is the proof'!

Canon Paul Hardingham

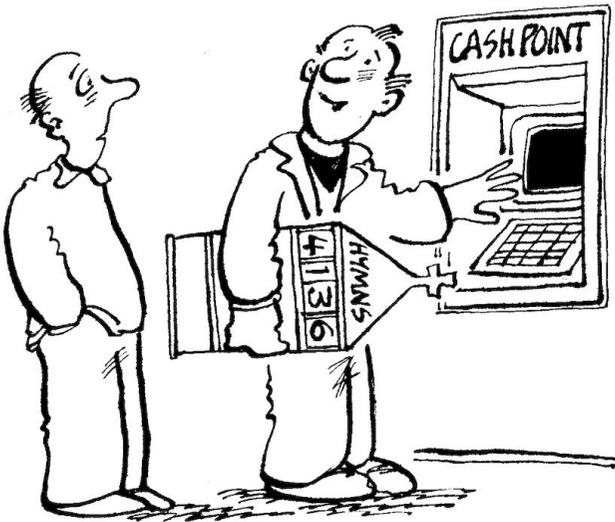
Do you remember your own PIN?

Nearly one in five of us can't. We are so used to paying by contactless that when we have to withdraw cash or type our PIN into a card reader, our minds go blank.

'Contactless' payments hit a record high last year. A staggering 93.4 per cent of all in-store card transactions up to £100 was made using contactless, rather than cash or PIN and card reader.

According to Barclays, we now depend on contactless payments and smartphone technology so much that more than a fifth of young people now leave their wallets at home when they go shopping.

Contactless technology was first introduced by Barclaycard 17 years ago. It had a spending limit of £10. The limit was increased during the pandemic, to reduce physical contact in shops, rising to its current £100 limit.



...between you and me, it's the only way I can remember my PIN number!

ECO CHURCH FOCUS

APRIL:

National Walk to Work Day – 1st April 2024

This day is dedicated to encouraging us to walk to work. ‘A 20 minute walk per day could cut your risk of premature death by a third.’ Leaving your car at home will reduce carbon emissions and help towards a better future. Perhaps we could amend this slightly to be “Walk to Church” day!

Earth Day – 22nd April 2024

Earth Day is an annual event which seeks to demonstrate support for environmental protection. First held on 22nd April 1970, the day now includes a wide range of events

coordinated globally by EarthDay.org to diversify, educate and activate the environmental movement worldwide.

With over 1 billion people taking part, from more than 193 countries, it’s one of the biggest environmental days going!

Stop Food Waste Day – 24th April 2024

Stop Food Waste Day is an environmental awareness day that seeks to educate and ignite change around the issue of food waste. Food waste is an expensive issue. It’s estimated that 32% cent of all food purchased per year in the UK is not eaten. Food waste also has a significant environmental impact. It’s estimated that half of the water used to produce this food also goes to waste since agriculture is the largest human use of water. Food waste also releases methane gas, a potent greenhouse gas that accelerates climate change, if not disposed of

properly. Stop Food Waste Day aims to tackle this issue by helping to halve food waste by 2030.

See the following useful tips to prevent food waste, and take a pledge on social media to reduce your food waste, using the hashtag #stopfoodwasteday:

1. *Make a list: Plan ahead by making a list and only buying what you know you'll use.*
2. *Learn the art of freezing: Get in the habit of freezing leftovers, bread, vegetables, and fruit instead of throwing them out.*
3. *Help save water: Wasting a pound of beef is equivalent to running the shower for 370 minutes. The longer meat is left out at room temperature, the quicker it will spoil. Always shop for meat, poultry and seafood last and go directly home to put it away*
4. *Revive your veggies: A quick soak in iced water for 5-10 minutes can revive wilted veggies*
5. *Overcooked isn't overgood: Overcooked vegetables can always be transformed into soups or sauces—vegetables like broccoli, carrots, cauliflower and potatoes are excellent for this.*

A Rocha UK's Easy Eco Tips 2024 Calendar

APRIL: Fit more active travel into your day and daily routine. Reevaluate your journeys: explore walking or cycling options, or modify your route to include some form of active travel, i.e. disembark a stop early and complete the remaining part of your journey on foot, indulge in a leisurely stroll, or opt for a bike ride along a cyclist-friendly route. Consider connecting with your local Ramblers or cycling group for shared experiences. Use the extra steps or the changed travel arrangements as a prompt to pray for God's creation, nature's preservation and the reduction in fossil fuel usage

Prayers for April by Ann

Spring is a time for re-birth, new plants budding quickly, even though we cannot see the small progress of growth taking place. Similarly, God's promises have been growing and are now budding and blooming graciously for us to see. Lord, we pray for encouragement so we may not tire of waiting or doing good.

After a season of a world tiring from the darkness of winter, we are longing for refreshed hope. Just like the tiny daffodils reaching through the blanket of frost, they hope that the world above the surface will be bright, kind, dry and welcoming. Lord, may the sunlight and the rain be reminders that you are at work renewing the earth.

Lord thank you for the season of spring. During this sweet time, we ask You for a fresh beginning in each of our hearts. Please allow each of us, as Christians, to bloom in Your word, just as the flowers are blooming.

Help us to be witnesses whenever there is an opportunity, and followers of Your word every day.

This is our yearly reminder that to a world that was dark and cold, a world devoid of love's sweet warmth, You sent your son to break through sin's icy blanket.

And arms outstretched on a cross, He brought us hope.

Thank you, Lord for your unconditional love.

Amen

If you would like to join the Annual Magazine Prayer Rota, or even

Marie and Joanne Batey

Lord God our maker,
The work of Your hands displays Your goodness and glory,
From the most intricate snowflake, to the grandest of
mountain peaks,
As we gaze upon your children, the special co-creators you
have made,
To experience You and Your beauty, may we always
appreciate the dignity of each person,
May we witness Your extravagant artistry of each of your
beloved children,
May we celebrate Your divine imprint upon each heart,
May we recognise how You fashion each human with
purpose and wonder,

Your limitless love creates us all.

Forgive us Lord for the constraint of our eyes that fails to
take in another's beauty,

Forgive us for choosing the comfort of our own apathy,
instead of bearing one another's burdens,

Your limitless love forgives us all.

We pray for the wounds the world inflicts,
In thought and word and deed,

Soothe and comfort, renew and redeem,

Your limitless love restores us all.

We pray for unity, for tenderness,
For belonging and justice and freedom,
For solidarity and bountiful compassion,
That the world may know who You are,

By the way we love one another,

Your limitless love heals us all.

Amen

Just do a one off prayer, please get in touch with Helen Dawson.

What's the Big Idea? – An Introduction to the Books of the Old Testament: Leviticus & Numbers

These books are concerned with Israel's wandering in the desert, on their journey from slavery in Egypt to the promised land of Canaan.

Leviticus focuses on the regulations about worship, ceremonial cleanness, moral laws and holy days. The key theme is that of *holiness*, as every detail of our lives is affected by the presence of a holy God. The aim of the sacrifices, feast and Sabbaths was to enable the people to enter God's presence. We should see the instructions and practices in Leviticus as pointing to Jesus. He totally fulfilled the law through the sacrifice of His life, as Easter reminds us. He demonstrated the love and holiness of God, so that we can share His life: '*Be holy, because I am holy*' (1 Peter 1:16, cf Lev 11:44-45; 19:2; 20:7).

The book of Numbers tells the story of Israel's journey through the wilderness. The people were coming to terms with their *identity* as God's people and the *call* to serve Him. They didn't always respond with faith, gratitude and obedience, but with unbelief, ingratitude and rebellion. As a result of their refusal to enter Canaan (ch 14), they were condemned to spend the rest of their lives in the desert. However, God in His grace allowed their children to enter the Promised Land. The book reminds us that the Church is called to be a community that honours God, learns how to deal with sin in ourselves and others, and lives out love and justice in daily life.

'The LORD bless you and keep you; the LORD make his face shine upon you and be gracious to you; the LORD turn his face toward you and give you peace.' (Numbers 6:24-26).

Canon Paul Hardingham

Reflecting Faith: Easter Sepulchres

Over the last few months we've been looking at churchyards, grave memorials and the lychgate where the coffin may be rested on its entry.

This month we are going inside the church building to find a somewhat different and only really found in older churches that have survived re-ordering and renovations: the Easter Sepulchre.

A sepulchre is essentially a place of burial – a tomb – but in churches it can also be a receptacle for religious relics.

Easter Sepulchres can be very grand affairs. I'm aware that many writers say that they are constructed in wood, but I have only seen stone ones. They can be plain or intricately carved. They can be low to the ground or reaching up to the roof. Each style, of course, reflects both the richness and generosity of the patron, as well as their theology.

Some have 'layers' of carvings, with the angels at the top, then the patriarchs, followed by the Fathers of the Church and so on. Others are very simple and almost plain.

They are normally set into or against the northern side of the sanctuary in which stands the altar, and which is traditionally considered to be the 'holiest' place in a church building.

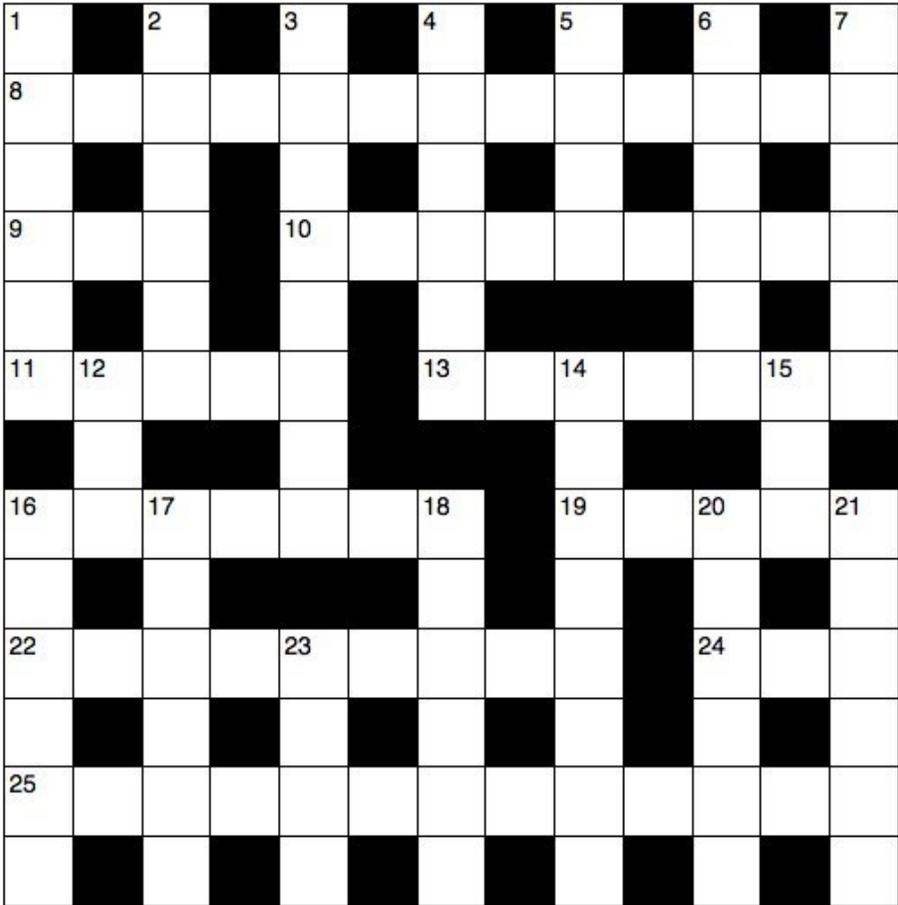
Their use is given in their name – on Good Friday some consecrated bread and wine and often a crucifix (rather than an 'empty' cross) is placed inside it and people take it in turns to 'stand watch' until Easter Sunday morning, when it is taken out with great ceremony and often paraded through the building. The reason is to reflect the death of Christ, His being placed in a tomb and His subsequent resurrection. Today's ceremonies are usually less ostentatious, and whilst folk often take turns keeping watch on the Maundy Thursday, reflecting the disciples being asked to stay awake whilst Jesus went and prayed alone in the Garden of Gethsemane, less is made of the Sepulchre watch.

The items are simply removed before any Easter resurrection service takes place, either on Easter Saturday evening or early Easter Sunday morning.

This month

See if you can find an Easter Sepulchre near you. Look at the decoration and consider all the different symbolisms it is trying to convey. If you cannot find one, then think what you would want to convey today?

Revd Dr Jo White



ACROSS

- 8 'He poured out his life unto death, and was numbered with the — ' (Isaiah 53:12) (13)
- 9 'When they had sung a hymn, they went — to the Mount of Olives (Matthew 26:30) (3)
- 10 Comes between Galatians and Philippians (9)
- 11 'Your heart will — and swell with joy' (Isaiah 60:5) (5)
- 13 Muslim holy month (7)
- 16 Ten ears (anag.) (7)
- 19 Under (poetic abbrev.) (5)

- 22 How Abram described himself to God when he complained that his inheritance would pass to a servant (Genesis 15:2) (9)
- 24 'Go to the — , you sluggard' (Proverbs 6:6) (3)
- 25 Debar from receiving Communion (13)

DOWN

- 1 My — for His Highest (Oswald Chambers' best-known book) (6)
- 2 Festival of the resurrection (6)
- 3 'His sons will prepare for war and — a great army' (Daniel 11:10) (8)
- 4 'Let not the — string his bow' (Jeremiah 51:3) (6)
- 5 Name of the River Thames in and around Oxford (4)
- 6 'From then on Judas watched for an opportunity — — him over' (Matthew 26:16) (2,4)
- 7 'But Christ is faithful — — — over God's house' (Hebrews 3:6) (2,1,3)
- 12 Long-handled implement used to till the soil (Isaiah 7:25) (3)
- 14 Order to which monks and nuns devote themselves (8)
- 15 Appropriate (Proverbs 15:23) (3)
- 16 I, uncle (anag.) (6)
- 17 'They gave him — — of broiled fish' (Luke 24:42) (1,5)
- 18 'Weren't there three men that we — — and threw into the fire?' (Daniel 3:24) (4,2)
- 20 Mountain where Noah's ark came to rest (Genesis 8:4) (6)
- 21 'Don't you know that friendship with the world is — towards God?' (James 4:4) (6)
- 23 Prominent architectural feature of large cathedrals such as St Paul's (4)

The Bible version used in our crosswords is the NIV.

Crosswords reproduced by kind permission of BRF and John Capon, originally published in Three Down, Nine Across, by John Capon (£6.99 BRF).

Bethany - Welcome



BETHANY

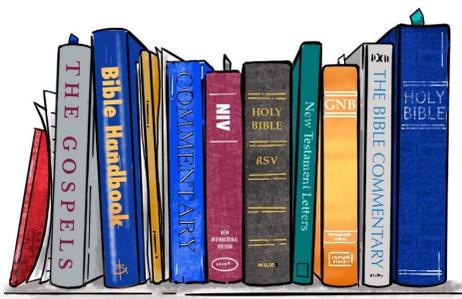
We meet on the third Wednesday of the month in St Mary's, Throckley at 1pm.

We will be observing some restrictions owing to the continuing Covid situation. As previously we will have a time of worship, an activity or quiz and there will be a cuppa with light refreshments.

ALL ARE WELCOME - we look forward to seeing friends old and new.

There is no charge - voluntary donations to cover expenses can be given.

Please contact Margaret Ledger on 0191 2672953 for more info if required



Noah's Ark Playgroup

Wednesday 10-11.30am
(school term time only)

Newburn Parish Hall

£1.50 per family,
Refreshments provided



Don't hesitate to use hearing aids

Here is something you didn't expect: using hearing aids if you are a bit deaf can be of great benefit to your overall health. Crystal Rolfe, director of health at the Royal National Institute for Deaf People (RNID) said: "Hearing aids bring enormous benefits for people with hearing loss. Research shows that wearing hearing aids may reduce the risk of cognitive decline, and it is well known that they have positive effects on physical, social, emotional, and mental wellbeing.

According to hearing loss charity RNID, 12 million adults in the UK are deaf, have hearing loss or tinnitus and an estimated seven million people could benefit from hearing aids, but only about two million use them.

The researchers hope the findings, published in The Lancet Healthy Longevity journal, will encourage more people to wear hearing aids. As one doctor said: "If you have hearing loss, get hearing aids. The benefits could be limitless."

The government wants to improve your teeth

Fluoride is to be added to more of our drinking water, to help improve the nation's teeth. It is part of the new NHS Dental Recovery Plan, the biggest expansion of the health measure since the 1980s.

At present, only five water companies add fluoride to water in the UK. They are mainly in the North-East and West Midlands, and less than 10 per cent of Britons. The initial expansion will provide fluoride to 1.6 million more people, in areas including Northumberland, Teesside, Durham and South Tyneside.

Fluoride is a naturally occurring mineral found in water. It has been proven to make teeth stronger and reduce decay. Sir Chris Whitty, the Chief Medical Officer for England, has claimed that adding fluoride to water supplies could reduce cavities by 17 per cent among the richest and by 28 per cent among the poorest.

Poet's Corner

JESUS

If I could package faith into one parcel
And collect all hope into a single can –
If I could roll all love into one heart-ball
And commoditise it in a living man

I'd already have a fully detailed label
Prepared before the world itself began -
And it would have one name -
And that name – JESUS -
At the centre of God's universal plan

To take the world along the course
God's surge of love provoked
Till wholeness flows through everything
With God's Spirit of life unyoked.

by Sam Doubtfire

The Rainbow

The world was so wicked that God made it rain
For forty long days and long nights
The floodwaters covered both mountain and plain
They covered the highest of heights!

But Noah survived, because he – free from guilt
Kept the Word of his God in his mind
So he and his kin, in the ark he had built
Lived with two beasts of every kind.

They floated by night and they floated by day
No sign of the land could they spy;
Till at last came the day when the flood drained away
And a rainbow was seen in the sky.

And God said to Noah, "You see that bright bow?
"That rainbow up there in the sky?
"Now I've put it there as a sure sign to show
"Of a promise twixt mankind and I.

"In future you'll know that I won't make it rain
"So the whole earth is flooded that deep.
"Now the rainbow is there and will be again –
"And you'll know that this promise I'll keep."



On days when it seems that the rain just won't go
And the floodwaters fill us with fear;
At last comes the sun and the bright coloured bow –
Our God made that rainbow appear.

By Nigel Beeton

The God who answers prayer

There is a God who answers prayer
Who intercedes before the throne,
The Son of God who ever cares,
Do not believe you walk alone.

When life seems hard, no answers come
He knows the path that you now tread
Believe on Him though all seems lost
He knows about the tears you shed.

Hold on to Him who is your strength,
Although it seems there's no way through,
Though pain and heartache both are near,
Who holds the world holds also you.

There is a day when all is clear
A day when we all understand
That all our lives but marked a way
That led us to the Promised Land.

By Megan Carter



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We at The Grange now offer many services out in the community.

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Befriending services or help to join in with community activities?



Please contact John Hewitt or Lisa Langford for further details on :
01912673728



Rev Allison Harding (Vicar)

Please contact Allison to arrange Baptism, Confirmation or Marriage. If you know of people who are ill or are in hospital please let us know.

The deadline for any inclusions for the magazine is

Two Sundays before the last Sunday of the month

Please either email or hand to Helen Dawson.
helenrdawson@yahoo.co.uk

If you have any questions or opinions about the magazine content and style, or would like to write an article please get in touch.

All feedback welcome.

If you know of anyone who would like to receive a magazine (only £5.00 per annum) please get in touch and we will add their name to the distribution list.