

Today some feel a little anxious as there is an easing of lockdown for many. There is a fear of stepping out into the world once more.

Lord we lift up to you our nervousness and seek your guidance.

And God said: "Lean On Me"

It seems as though our world is at a halt: sickness has been in the air, but no-one's fault. Lord, how did this happen overnight? We are in the dark and there's so little light....

And God said: "Lean on me, lean on me. I AM here right now, so you can lean on me! I have been here all along, I will be the One who's strong, This is when you lean on me".

Dear God, we've been in a Wilderness for sure, In a place we've never seen before: lost, and poor in heart and weak of soul! How is it that we could lose so much control?

And God said: "Lean on me, lean on me. I AM here right now, so you can lean on me! I have been here all along, I will be the One who's strong, This is when you lean on me".

In fear of flood, or flames, or Lion's Den That's when we remember God again. That's when we begin to hear God say "I am with you always. And that means today!

So children: Lean on me, lean on me. I AM here right now, so you can lean on me! I have been here all along, I will be the One who's strong, This is when you lean on me".

And the grace of our Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit, be with us all . Amen

Thank you for coming to pray today...keep safe.

NEWBURN PARISH

St Michael's, Newburn with St Mary's, Throckley



Welcome to this second week of quiet prayer in St Michael's . You may wish to stay just a few minutes or a while longer. Please do follow the guidance of those who welcomed you



and the signs in church and as you leave ensure the area where you have been seated is wiped clean to help keep the church free from infection.

Use these prayers as you like while you are here, and then please take them away and use them in your prayer time at home

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Be still, for the presence of the Lord, the Holy One is here

Lord God, you are always with me.

You are with me in the day and in the night.

You are with me when I'm happy and when I'm sad.

You are with me when I'm healthy and when I am ill.

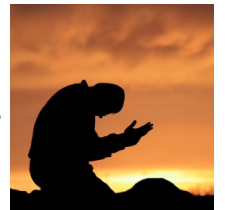
You are with me when I am peaceful and when I am worried.

Help me to remember that you love me and are with me in everything I do today. **Amen.**

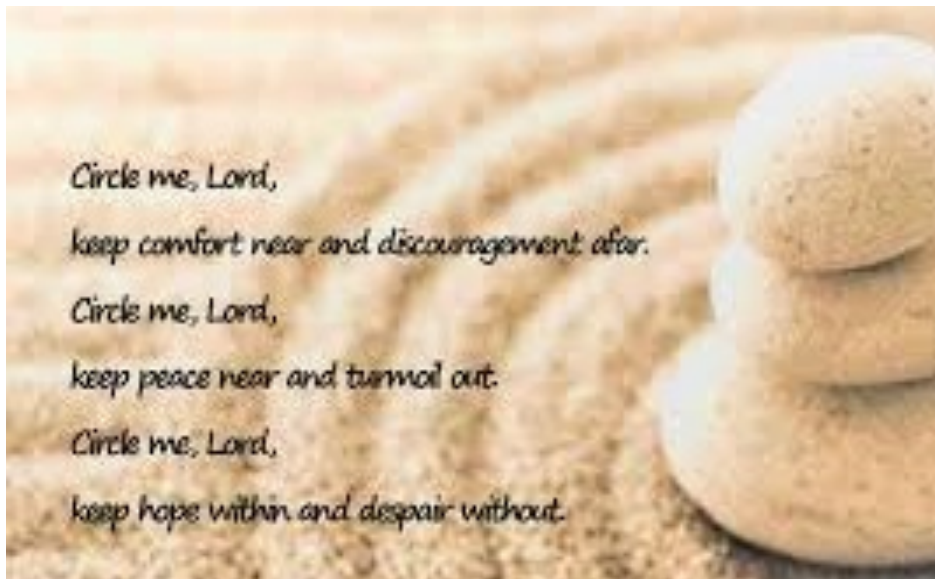
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'Trust in the Lord with all your heart. Never rely on what you think you know. Remember the Lord in everything you do, and he will show you the right way,'

Proverbs 3 . Verses 5 & 6

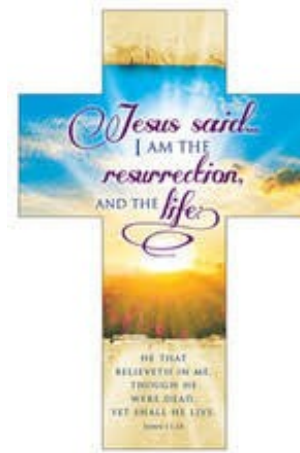


These are the words Allison read to the PCC this week as they settled to think about the next careful steps we take as a Church. Please pray for Allison, for our churchwardens, our PCC and everyone looking at how we can open our churches even more and still keep safe.



We pause for a moment to remember those who have died since the last time we were able to worship together. We pray for all those who have been touched by the loss of a loved one.

Father, your love is stronger than death
 By you we are all being brought into life
 Help us as we hear the promises of your word
 To believe them and receive the comfort they offer
 Amen



We give thanks, Lord, for the lives of:
 Margaret Clark 88
 Steve Bowers 68, Margaret's husband
 Belle Elsander 87
 Una Thompson 83
 Alan Davis 90, Hilary Skoyles' Dad
 John Gray 95
 Dorothy Twizzell 83
 Joan Walker 93
 Harry Clark 82
 Iris Hogg Lauderdale 95
 Rhoda Hurst 86

When we find ourselves in circumstances which are bewildering or overwhelming, or in times of pain and grief, if we cannot find words or words seem inadequate, praying a circle prayer can often be helpful. Circle prayers have their origin in Celtic Christian spirituality, simple prayers which speak of God's protective 'circling' presence and help us invite God's presence into the circumstances we face and the people and issues we care about. We can use them to pray for ourselves and for others, - and comforting when many are missing a hug!

O God of infinite compassion, we thank you for the lives of all who have died recently, and ask you to support all who loved them. Be their strength and shield that they may trust you to bring them through their sadness as we release them into your safe keeping - and we pray

.....	Circle me, Lord Keep light near And darkness afar	Circle me, Lord Keep protection near And danger afar
	Circle me, Lord Keep hope within Keep doubt without	Circle me, Lord Keep peace within Keep evil out

- David Adam

**Our Father in heaven, hallowed be your name,
 your kingdom come, your will be done,
 on earth as in heaven.
 Give us today our daily bread.
 Forgive us our sins
 as we forgive those who sin against us.
 Lead us not into temptation but deliver us from evil.
 For the kingdom, the power, and the glory are yours
 now and for ever.
 Amen**

'Those who trust in the Lord are like Mount Zion, which can never be shaken, never be moved. As the mountains encircle Jerusalem, and GOD encircles his people - always has and always will.'
 - **Psalm 125:1-2 (The Message)**